



# ECHHO NEWSLETTER

## October 2010

*UGN's 2010 campaign is underway!*

The residents of Jefferson County have been receiving UGN's letter and the brochure, including a list of the many deserving agencies in our community that benefit from being under the UGN umbrella. ECHHO is one of the recipients of UGN funds. Please donate what you can to UGN and if you would personally like to support ECHHO, please designate ECHHO as a direct recipient of your donation. By doing so, your



donation would be in *addition* to monetary gifts we receive from UGN. It's easy to participate and make your contribution to UGN by either mailing the return envelope included with their brochure or by donating on-line through PayPal on the UGN website: [www.weareugn.org](http://www.weareugn.org). We encourage everyone to support UGN's *Giving from the Heart* campaign and help ECHHO to continue its vitally important mission. Thank you for your generous support.

### ***Next Defensive Driving Course to be held December 7 & 9***

ECHHO receives **vital funding** from the Olympic Area Agency on Aging. In the current economic climate, the requirements to receive this funding are becoming more stringent. **Thank you** if you were able to attend the Volunteer Training Course as requested by O3A held on September 21<sup>st</sup> and the Defensive Driving Course on October 19<sup>th</sup> and 20<sup>th</sup>. If you were not able to attend the October Defensive Driving Course, the next one is being held on Dec. 7 & 9 from 9:00 am to 1:00 pm at The First Presbyterian Church Fellowship Hall located at 1111 Franklin Street in Port Townsend. The course is a two day course – both days must be attended to complete the course and receive a certificate which in most cases will entitle the participant to a discount on their auto insurance. The cost is \$12 for AARP members, \$14 for non-members. Spouses are welcome but must pay the course fee if they wish to receive their own certificate of completion. **PRE-REGISTRATION WITH ECHHO FOR THE COURSE IS REQUIRED OF EVERYONE WISHING TO ATTEND. IF SPOUSES WILL ALSO ATTEND, THEY MUST REGISTER SEPERATELY. PLEASE BE AWARE THAT BECAUSE SPACE FOR THE COURSE IS LIMITED, THOSE WHO DO NOT PRE-REGISTER CANNOT BE ADMITTED.** We thank those who have already signed up for the course. If you haven't done so, please RSVP by phone or e-mail.

To make a monetary donation, mail your check to ECHHO, 1110 Jefferson St., Port Townsend, WA 98368  
If you would like to donate medical equipment or volunteer, please call us at (360) 379-3246  
or email us: [echhopt@qwestoffice.net](mailto:echhopt@qwestoffice.net). Visit our website: [www.echhojc.org](http://www.echhojc.org). **Thank You for your support!**

## Welcome Back, Art!



We would like to extend a warm *welcome back* to Art Carpenter. Art originally worked in ECHHO's equipment department prior to Walt Hill assuming, and performing admirably, those duties. Art will now be maintaining and updating ECHHO's website. His expertise and dedication are greatly appreciated and we look forward to his contribution.

*Thank you Art!*

### *Last Month's Stats*

In September, our volunteers gave a combined total of **236 hours** of their time, and drove a total of **3,590 miles** to provide **108 care receivers** with rides to medical, dental, legal and social appointments as well as helping with errands, shopping, chores, home repairs and friendly visits. ECHHO also provided **130 pieces of medical equipment** to our friends and neighbors who cannot afford to buy or rent them. Included were walkers, wheelchairs, bath chairs, bed tables, hospital beds, canes, commodes and a Hoyer lift for transporting immobile patients from their beds or into their beds. We also loaned out power chairs and scooters to help people with limited mobility. We are truly making life better for so many people!

### *Volunteering Quotes of the Month*

~ The best way to find yourself, is to lose yourself in the service of others.  
~ Ghandi

~ A VOLUNTEER is a person who is a light to others, giving witness in a mixed-up age, doing well and willingly the tasks at hand - namely, being aware of another's needs and doing something about it. ~ Unkown

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