



# ECHHO NEWSLETTER

## November 2010

### *Thanksgiving Day is Everyday for ECHHO*

This years Thanksgiving Celebration was especially appropriate for ECHHO. Everyone involved with ECHHO, either as and employee, volunteer, care receiver, or equipment borrower, has a lot to be thankful for. As employees, we can be thankful that we have the opportunity to participate in such an important and appreciated organization. I can think of few other occupations where the clients are so thankful of our work.



As for volunteers, by their very nature, they are thankful for the opportunity to serve others in need. Volunteers are, indeed, special people who set a wonderful example for all of us. And, of course, our care receivers and equipment users are extremely thankful for ECHHO's efforts to ease their burden when they are in difficult situations with no one else to help them. I can't imagine any other organization where the words "thank you" are spoken so frequently every day!

### *ECHHO Welcomes our Newest Volunteers!*

Our recruiting efforts of the past few months have proven to be fruitful. We would like to extend a warm *welcome aboard* to our newest volunteers:

Linda James from the Discovery Bay area,  
Helen Recter from Cape George,  
Jean Redcap of Port Townsend,  
Diana Siefert who lives in Uptown Port Townsend,  
Camille Wood from Kala Point.  
Carole Huelsberg of Port Townsend

*Thank  
You!*

### *Words of Inspiration*

As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them. ~John Fitzgerald Kennedy

Let us remember that, as much has been given us, much will be expected from us, and that true homage comes from the heart as well as from the lips, and shows itself in deeds. ~Theodore Roosevelt

Things of the spirit differ from things material in that the more you give the more you have.  
~Christopher Morley

To make a monetary donation, mail your check to ECHHO, 1110 Jefferson St., Port Townsend, WA 98368  
If you would like to donate medical equipment or volunteer, please call us at (360) 379-3246  
or email us: [echhopt@qwestoffice.net](mailto:echhopt@qwestoffice.net). Visit our website: [www.echhojc.org](http://www.echhojc.org). *Thank You for your support!*

## ***Next Defensive Driving Course to be held December 7 & 9***

ECHHO receives **vital funding** from the Olympic Area Agency on Aging. In the current economic climate, the requirements to receive this funding are becoming more stringent. **Thank you** if you were able to attend the Volunteer Training Course as requested by O3A held on September 21<sup>st</sup> and the Defensive Driving Course on October 19<sup>th</sup> and 20<sup>th</sup>. If you were not able to attend the October Defensive Driving Course, the next one is being held on Dec. 7 & 9 from 9:00 am to 1:00 pm at The First Presbyterian Church Fellowship Hall located at 1111 Franklin Street in Port Townsend. The course is a two day course – both days must be attended to complete the course and receive a certificate which in most cases will entitle the participant to a discount on their auto insurance. The cost is \$12 for AARP members, \$14 for non-members. Spouses are welcome but must pay the course fee if they wish to receive their own certificate of completion. **PRE-REGISTRATION WITH ECHHO FOR THE COURSE IS REQUIRED OF EVERYONE WISHING TO ATTEND. IF SPOUSES WILL ALSO ATTEND, THEY MUST REGISTER SEPERATELY. PLEASE BE AWARE THAT BECAUSE SPACE FOR THE COURSE IS LIMITED, THOSE WHO DO NOT PRE-REGISTER CANNOT BE ADMITTED.** We thank those who have already signed up for the course. If you haven't done so, please RSVP by phone or e-mail.

### ***Last Month's Stats***

In October, our volunteers gave a combined total of **195.5 hours** of their time, and drove a total of **2,165 miles** to provide **107 care receivers** with rides to medical, dental, legal and social appointments as well as helping with errands, shopping, chores, home repairs and friendly visits. ECHHO also provided **108 pieces of medical equipment**. Included were walkers, wheelchairs, bath chairs, bed tables, hospital beds, canes, commodes and a Hoyer lift for transporting immobile patients from their beds or into their beds. We also loaned out power chairs and scooters to help people with limited mobility. We are truly making life better for so many people!

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or email us: [echhopt@gwestoffice.net](mailto:echhopt@gwestoffice.net) . Visit our website: [www.echhojc.org](http://www.echhojc.org). **Thank You for your support!**